setwd("C://Users//HP//Desktop")

data<-read.csv("fig3.csv",header=TRUE,row.names="cn",sep=",")

library(ggplot2)

ggplot(data=data,aes(x=Time,y=RR))+geom\_ribbon(aes(ymin=shang,ymax=xia),fill="lightgrey")+geom\_line(colour="black",linetype=1,size=1)+theme\_minimal()+geom\_point()